



## Father's Day Activity



Father's Day is a way of appreciating and thanking the paternal figure in your life, whether they are your biological father or not. In the U.K. we celebrate it on the third Sunday in June. This is the same day as in the United States where it was introduced in the early 20<sup>th</sup> Century, although it wasn't made an official holiday there until the 1960's.

Other countries have different dates and around the world there are some surprising traditions. In France children give red roses to their fathers. In Nepal sweets are presented to fathers and in Germany, children and their fathers often go walking, or on long hiking trips.

As we don't have any special traditions here, you can choose for yourself how to celebrate the day and make your father figure feel special. We have some suggestions here, or if you do something else altogether, let us know about it.

### Idea's for indoors



Are you able to prepare some food? Depending on your skills, you could do anything from a basic breakfast with cereal and toast to a full cooked meal. What's your Dad's favourite food? Could you make it for him? Or how's about challenging him to a "Bake-Off"?



A hand-made card might be really appreciated, and it gives you the chance to put your own special message inside.

Other ideas include pretending that you are a journalist/ interviewer and work out a list of questions for your Dad. They might be about what he likes now, or what he enjoyed as a child, or what he'd like to do in the future.



You could get his favourite film and set up an evening cinema experience, with popcorn and drinks.



Enjoy a games night, with card or board games.



## Idea's for Outdoor activities.



You could simply share an activity you enjoy, a walk, a sport, a bike ride, kite flying, bird/animal watching or ask your father what he'd like to do.



If you have a garden or a park or public space nearby, you could work out a Treasure Hunt or Scavenger hunt for him with a map and clues or set up some games and hold your own “mini-Olympics”.

Perhaps your father has a favourite place/area you could visit together. One last idea is to check out your local Museum. You never know what you might discover together!

### Museums in Loughborough (Please check website for details)

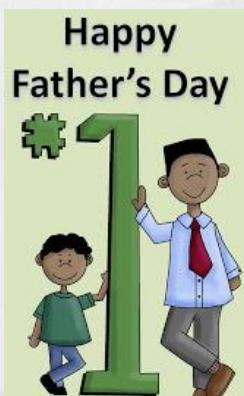
Charnwood Museum – [www.charnwoodmuseum.co.uk](http://www.charnwoodmuseum.co.uk)

The Old Rectory Museum (Saturdays only till October)  
[www.loughboroughpastandpresent.org/index.htm](http://www.loughboroughpastandpresent.org/index.htm)

Loughborough Carillon and War Memorial Museum (Not open at present)  
[www.carillontower.org.uk](http://www.carillontower.org.uk)

Great Central Railway [www.gcrailway.co.uk](http://www.gcrailway.co.uk)

Taylors Bell Foundry [www.loughboroughbellfoundry.org](http://www.loughboroughbellfoundry.org)



Whatever you do, we hope you and your Father have an enjoyable and memorable day.

Happy Father's Day to all the Dads out there!

Please post your photos and activities to

[www.facebook.com/CharnwoodMuseum](https://www.facebook.com/CharnwoodMuseum)